

## **SAINT PETER'S COLLEGE SPORTS MEDICINE POLICIES AND PROCEDURES 2008-2009**

### **Sports Medicine Staff and Responsibilities:**

\*The Saint Peter's College Sports Medicine staff is tasked with the medical care of all Saint Peter's College Athletes. It is the athlete's responsibility to notify the athletic trainer immediately upon suffering an injury. The athletic trainer will treat the athlete and make determinations of the next appropriate steps. **All injured athletes must be cleared by the Saint Peter's College Sports Medicine Department prior to return to play.**

### **Staff Members:**

Betsy Kennedy, MS, ATC  
Head Athletic Trainer

Joseph H. Feinberg, M.D.  
Team Physician

Erik Lindstrom, ATC  
Assistant Athletic Trainer

Thomas L. Wickiewicz, M.D.  
Team Orthopedist

Angel Montanez, MS, ATC  
Assistant Athletic Trainer

### **Athletic Training Room Hours of Operation:**

\*The Athletic Training Room will open at 10 am for treatments and rehabilitation. All treatments will be suspended at 2 pm. Any athlete arriving late will be dismissed from the training room without receiving treatment.

\*Pre-practice preparation (i.e. taping and bracing) will begin at 2 pm and last until the athletic training staff must report to practice.

\*Post-practice treatments will commence upon returning to the training room and be suspended 30 minutes from the end of practice.

\*The Athletic Training Room will close at the completion of post practice treatments.

### **Injury Procedures:**

\*Injury: The student-athlete is responsible for reporting all injuries associated with athletic competition (periods of official, organized athletic participation) to an athletic trainer as soon as possible, no later than 48 hours after the incident. The athletic trainer will evaluate the injury, administer appropriate treatment, and determine when the student-athlete can return to activity. If necessary, the athletic trainer will arrange for the student-athlete to be seen by the SPC Team Physician. **THIS DETERMINATION WILL BE MADE BY THE SPORTS MEDICINE STAFF.** Any medical care or treatment sought by the student-athlete or coach without prior authorization of the Sports Medicine Staff will void any claims for payment under the Department of Athletics' insurance policy.

\*Illness: The student-athlete is responsible for reporting to the Sports Medicine Staff all illnesses which may affect athletic participation as soon as possible. All illnesses will be cared for through the SPC Team Physician or the Student Health Services. Payment for any medications or special tests is the responsibility of the student-athlete. The Sports Medicine Staff may assist the student-athlete in expending care by making nonparticipation related appointments; however the Sports Medicine Department will not cover the expenses for such appointments.

\*Practice/Competition Participation Status: Decisions regarding the availability for practice or competition participation of an injured or ill student-athlete is the sole responsibility of the Sports Medicine Staff. The coach will be kept informed of the student-athlete's progress and notified of any adjustment to the student-athlete's activity level (whether the student-athlete can practice at all, and if so what the limitations are). The Sports Medicine Staff will try to have an injured student-athlete participate to the greatest degree possible, without risking further injury. It is imperative that these limitations be adhered to so that the best possible outcome can result.

\*Non-Competitive Season Injury or Illness: The Sports Medicine Department is not responsible for injury/illness when the student-athlete is not engaged in an official, organized participation period. The Sports Medicine Staff will give advice and provide care on an available basis, but assume no financial responsibility for any charges incurred during this non-competitive injury/illness.

### **Physician Visits:**

\*A physician will be present on campus every Monday, if necessary.

\*Physician examination appointments must be scheduled with a Staff Athletic Trainer.

\*A physician will be present at all home basketball and MAAC soccer games.

\*It is the athlete and coach's responsibility to arrange transportation to and from doctors' office and/or medical procedures.

\*Athletes must notify a Staff Athletic Trainer if they are seeing a physician other than a Saint Peter's College Team Physician.

### **Athletic Training Room Rules:**

\*If you are injured in a game or practice notify a Staff Athletic Trainer immediately.

\*The Athletic Training Room is a medical facility. All staff members and other athletes should be treated with respect. Failure to do so will result in expulsion from the facility.

\*Treatments will continue until you are released from the Athletic Training Room by a Staff Athletic Trainer.

\*Participation status will be determined by a Staff Athletic Trainer. Athletes will not be allowed to return to play unless cleared by a Saint Peter's College Sports Medicine Staff Member.

\*No food or drink in the Athletic Training Room.

\*No shoes on the treatment tables.

\*No athletes allowed in offices.

\*No spikes or equipment allowed.

\*Treatment attire is clean shorts, t-shirts, and sneakers.

\*Allow one hour for treatment.

\*All athletes must make an appointment between the hours of 10 am and 2 pm for an initial injury evaluation or for treatment and rehabilitation. Any athlete coming in after 2 pm or without an appointment will not be seen.

**Important Phone Numbers:**

**Betsy Kennedy, Head Athletic Trainer**

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**Angel Montanez, Assistant Athletic Trainer**

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**Dr. Joseph Feinberg, Team Physician**

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**Dr. Thomas Wickiewicz, Team Orthopedist**

O: (212) 606-1450

**Athletic Department Main Number**

(201) 761-7300

**Campus Public Safety**

(201) 761-7400